

Reiki Greetings!

Neither snow nor rain will keep the Reiki light from shining!

Enjoy all the wonderful offerings we have this quarter, from our new class on Reiki and 5 elements and Chakras 101 as well as our traditional standards on all levels of professional Reiki training and services.

Eileen Dey, M.A., LMHC Founder/Director
[Preview our Winter classes here!](#)

Reiki and the 5 elements

January 21-22, 2012 \$325
Taught by Traditional 5 element acupuncturist, Mark Tibeau, this course will explore the meridian system and five element theory, investigating the characteristics of the five elements, and how they impact on our energy system and personalities. [Click for more info.](#)



Reiki I

January 21st, 2012 10am-5pm
You will receive traditional
Usui Reiki attunements

to establish yourself as a channel for healing and practice Reiki on yourself and others. No prerequisite required.

[This course facilitated by Reiki master and hypnotherapist Melanie Carey, CHT at the West Seattle Reiki sanctuary. \\$195.](#)

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Chakras 101



February 26th, 2012
9:30am-5:30pm \$140

Take a journey through your energetic system called the chakras. You will learn about and experience the seven chakra system one by one. Dena Marie will teach you exercises that will allow you to see how easy it is to clear away blocks so you can manifest your heartfelt intentions. [Click here to Register.](#)



Reiki 2: Transcending Time and Space

January 29th, 2012
10am-5pm \$275

With the foundation of Level 1 the Reiki student will be able to increase the flow of energy, address mental and emotional issues requiring

Insight Reiki

January 28th, 2012

\$275

You will learn effective communication skills for all types of bodywork therapies, including Reiki. Practical guidelines and procedures for integrating verbal therapy within the context of the bodywork session. Facilitated by Reiki Master Melanie Carey, CHT. [For more info click here.](#)



The One Gathering



February 11th, 2012

4-6:30pm

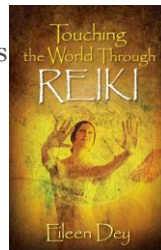
Century Ballroom, Seattle, WA

To expand and lift mass consciousness to a higher vibration of peace and joy. Facilitate enlightenment of experiencing the sense of Oneness with humanity in order to create more peace and harmony on the planet.

[For more info click here.](#)

Touching the World Through Reiki now available as E-book

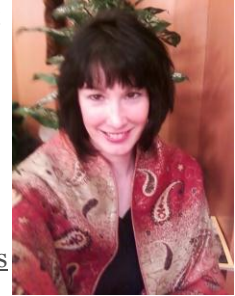
Eileen Dey's groundbreaking book on bringing Reiki into the mainstream is now available in it's 2nd edition. [On Amazon's Kindle.](#)



healing and send the Universal life force energy to someone at a distance. Facilitated by Reiki Master Jen Yost, M.A. [Read more.](#)

Distance Reiki Sessions with Eileen Dey

Needing a lift but too tired or too treacherous to travel for a session? Receive a distance Reiki session right in your own home. [For details click here.](#)



3rd Saturday Reiki

Reiki Master Theresa Nuccio offers Reiki and energy work, without counseling, on most Third Saturdays of the month. Sessions are for seventy-five minutes and are on a sliding fee scale. [Read More](#)

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www.reikitrainingprogram.com